

A PROGNOSTI-
tion for ever, made by Erra

ster a Ietwe, borne in Ietwie,
 Doctor in Astronomie and Phisicke;
berie profitable to keepe the bodie
in health. And also Ptholo-
meus, sayth the
same.



Printed by Thomas East.

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in that manner (Listening) and is ouercome and dead, but all that time when that great course taketh him, hee may sone bee asswaged to lesse him a little to take away little blood from him, and then all will asswage of thys perill.

Also the blacke colour is right perilous, and they surmount all the other, they may damage greatly the bodie, by manye and diuers meanes, for they may cause and make the bodie to fall on the euill sicknesse, and leese his wit and knowledge, and become a foole, and cause all the bodie to be full of euill scabbes, and oft times to be mesil, and maketh a man to bee fearefull, and a coward, and of many euill manners. And when they surmount the other they bee right grieuous, and damagious. And by hearbes, flowers, fasting, abstinence, drinckes, & medicines, they may be asswaged.

The humes that be white be perilous

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lous. When they surmount the other Colers of the bodie they doe great damage and hurt, fo: they ingender gowtes and many other euill sicknesses that be colde, and they hurt also þ feet, the handes, the raynes, the knes, the legges, and the teeth, and maketh the mouth & the bzeath stincking, and the nose and the eares: and causeth manye other diseases and sicknesses, and they may be asswaged by hearbes, flowers, røtes, dꝛinckes, medicines, and also by vomiting.

Also the yelow Colers be perillous, fo: when they surmount the other Colers in a mans bodie, they assoꝛbent the heart, and trauaile the bzaine, and maketh all the members feeble and softe, and taketh awaye the will and the appytie from the bodie that hes may not eate no: dꝛinke, and also they chaunge a mannes Coloures and maketh him to lose hys syghte, and become blinde, and they may be

A.iiij.

as.

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allwaged, as by hearbes, Flowers,
rootes, and by vomiting.

The foure humours be of the .iiij.
complections, and they haue the domi-
nation of the bodie .iiij. times in a
yeare. And each of them a quarter of a
yeare.

It is to vnderstand, that in the yeare
is xij. monethes, and in the .xij. mo-
nethes is liij. weekes, and in the .liij.
weekes is .CCC. lxx. daies, and in the
CCC. lxx. dayes doth containe .viij.
thousand, vij. hundred and lx. houres.

A farthing a day is .j. d. ob. q. the
weeke.

The moneth. viij. pence.

The yeare. viij. s. viij. d. q.

A halspenie a day is .iiij. d. ob.
the weeke.

The moneth eightene pence.

The yeare, fiftene. s. ij. d. ob.

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The disposition of the first season of
the yeare, Capricornus, Aquarius
and Pisces.

The first season of the yere that hath
domination of the bodie of man, is
iij. monethes, and they be named these
thre signes: Capricorne, Aquarie, and
Pisces. And these thre signes haue
power of humours of the bodie of man
and women, and they be cold and moyst
and they begin to raigne the viij. day
of December and dureth to the iij.
and twentieth day of March.

The disposition of the seconde part
of the yeare: Aries, Taurus,
and Gemini.

The second part of the yeare is o-
ther iij. monethes, and these bene
other signes, Aries, Taurus and Gemi-
ni. And they haue power in the bodie
of man, of the breast. And they be hote
A. iij. and

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and moiste . And they begin to reigne
the xxij. day of Marche, and dureth
vnto the xxiiij. day of June.

The disposition of the three
Seasons of the yeare,
Cancer, Leo, and
Virgo.

The iii. seasons of the yeare bene
other iii. monethes, and these be the
signes, Cancer, Leo, and Virgo . And
they haue power in the bodie of man,
of the yellow Colers, and they be hot
and drie, and they begin to reigne on
the xxiiij. day of June, and dureth vnto
the xxiii. day of September.

The disposition of the iiij. part
of the yeare : Libra, Scorpio
and Sagittarius .

The. iiij. part of the yeare be other
three monethes, and these be the
signes, Libra, Scorpio, and Sagitta-
rius . And they be (olde and drie,
and

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and they begin to raigne the .xxiiiij. day
of September, and dureth vnto the
xxiiiij. day of December.

And by the manner of these .iiii. seasons, every man may keepe him from all the contraries of Meates, Drinckes and clothing, and from all other contraries. And if a man will keepe him after the manner which is rehearsed in this booke, he shall neuer haue infirmities of bodie by the grace of God.

Take Weliter of Spaine, and chaw it in thy mouth, for it is good to spurge the head and the bodie, also eate fennell seede and Comin seede, for each of these seedes destroy the flumes that all those euils in any mannes bodie come off.

Cast.

Ignus Inuentus & Aestas.

The water red and thin, & grose
male red and harde, the spittle
thick & clammy. The signes A-
ries, Leo, and Sagittarius, is gendred of
A. v. Colo.

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Colozick, hote, and drie and Orientall;
and the sicknesses bee taken in these
signes, it is great perill, but hee haue
his Medicine colde and moist, and the
diet of the same complexion.

Then he may be healed by the grace
of God.

West.

Aer Adolescencia Ver.

The water red and thick, the grosse
male redde and thin, the spittle
thin and sweete, the extremitiues out
of course. The signes Gemini, Libra,
and Aquarie is gendred of sanguine
hote and moist, and Occidentall the
cure is colde and drie, with the diet of
the same complexion.

Cascia Fistula, in Aqua vitæ.

North.

Terra Senectus, Autumpnus.

The water whyte and thin, the
grosse male blacke and thicke, the
spittle thicke and solwe, the extre-
maties

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matiuēs vnneth selde, the signes .

Taurus, Virgo, and Capricorne, hee
is engendred of Melancoly coloe and
drie Septentrionall, the cure hottē
and moyst with the diet of the same
complection

South.

Aqua Senium & Hiems.

The water whyte and thicke, the
grose matter white and thicke.

The spittle thin and swete. The ex-
trematiues feeble, the signes, Can-
cer, Scorpio, and Pisces, hee is engen-
dred of flumes colde and moist, Me-
ridionall, the cure hot and drie of the
same Complection, Trauit aqua vita
D; in Potage.

Here hee sheweth of all the
Dessellall, or perilleus
dayes that commeth
in the yeare.

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Masters of Astronomie & Physi-
cians that this craft first found,
tellethe the moste perillous
and the most dangerous dayes in the
yeare.

In which if any man or woman
bee let bloude of wounde or of baine,
they shall dye within xxi. dayes fol-
lowing. Or who so falleth in sick-
nesse in any of these dayes, they shall
nener escape it till they bee dead. And
who so taketh any greate iourney in
any of these dayes to goe from home,
he shall be in daunger to die, or he come
home againe.

And who so weddeth a wife in any of
these daies, hastily they shall be depar-
ted, or els they shall liue together with
much sorrow. And who so beginneth
in any of these daies any great worke
it shall nener come to good ende. And
these bene the daies following.

That is to say,

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In Ianuarie are blii. dayes.
That is to say. The. i. the. ii. the
iiii. the v. the. r. the xv. the xvii.
and the nintenth.

In Februarie are. iii. dayes, the. viii.
the tenth and the seuententh. ii.

In March are. iii. daies, the. xv. the
xvi. and the nintenth. iii.

In Aprill are two daies, the xvi. and
the. xxi. iiii.

In may are thre daies, the vii the
xv. and the. xx. v.

In June are two dayes, the. iiii. and
the vii. vi.

In July are two daies, the. xv. and
the. xx. vii.

In August are two dayes, the. xix.
and the xx. viii.

In September are ii. dayes, the vi.
and the. vii. ix.

In October is. i. the first day. x.

In Nouember are two dayes, the
xv. and the xix. xi.

In

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In December are iij. dayes , the vij.
the vij. and the eleuenth. Et alij dicunt
the fiftene, and the xvij. xij.

WHoso so wil learne the Ca-
nicular dayes, which bene daies
of great daunger and perill, as
clarkes say. And they begin the
xv. Kalend. of August, and dureth to the
iij. Nonas of September, which sea-
son is verie perillous to take sicknesse
and it is also perillous to take drincks
or medicines, or to let blode, but if it be
for great neede, and that it must bee
after the middest of the day.

Heere beginneth the distaunce be-
tweene the Signes.

It is to vnderstande, that there is
a Circle in the Firmament, that is cal-
led Zodiack, and is deuided into twelue
euen partes, and of those parts he cal-
led the twelue signes in latin, and these
be the names.

Aries, Taurus, Gemini, Cancer,
Leo

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Leo, Virgo, Libꝛa, Scorpio, Sagittarius, Capricornia, Aquarius, and Pisces. These twelue Signes bene in Completion, lyke vnto the foure Elementes. That is to say, the Frye, the Ayre, the Water, and the Earth. The Frye is hot and drye, his Element is likened vnto the Kanine, the Lion, and the Shoter, for these be hot and drye, also the Ayre is hot and moyste, his Element is likened to the Childzen, the Fallaunce, and the water bearer, for they be hot and moyst. The water is moyst and colde, for to the water is likened the Crabbe, the Scorpion and the fish, the earth is drye and colde, to the Earth is lykened the Bull, the Mayde, and the Cote, for they be drye and colde.

And euery one of these signes is deu-
uided in xxx. euen partes, and these
partes bene called degrées, and euery
degré, is deuided in lx. euen partes,
and these partes ben called minutes,
and euery minnte is deuided in lx. euen
partes, and these partes be called se-
condes

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condes, and so forth to the thirdes and
fourthes.



It is to vnderstande,
there bee vii. planetes,
as Saturnus, Iupiter,
Mars, Sol, Venus, Mer-
curius, & Luna. These
be the seven mouable
starres. The foresayde vii. signes tak-
eth greate power and might of the
vii. planets, and the seven planets tak-
eth great power of the vii. signes,
for the Planets be to the signes, as
Soule to the bodie, and the signes to
the Planettes, as bodie to the Soule.
For like as the bodie may doe naught
without the soule, no more may the
soule without the bodie, no more may
a signe without the vii. Planettes.
Saturnus, is the highest and next be-
neth Saturnus, Iupiter, beneth Iupi-
ter, Mars, beneth Mars, Sol, beneth
Sol, Venus, beneth Venus, Mercu-
rius

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rius, beneth Mercurius Luna.

The wise Philosophers saye, it is
from the earth to Luna fiftene M.
vii. C. l. miles.

from Luna to Mercurius is. xii M.
viii. C. xii. miles. & d.

from Mercurius to Venus as ma-
ny.

from Venus to Sol, is xxiiij. M. iij.
C. xxxvii. miles.

from Sol to Mars is. xv. M. vii. C.
and fise and twentie. miles

from Mars to Iupiter, is. lxxviii M.
vii. C. xxi. miles.

from Iupiter to Saturnus as ma-
ny.

from Saturnus to the firmament
is vi. skore. M. iij. C. lxxv. miles.

The summe of all these Myles
is xvii. skore and. xviiij. M.
iiij. C. lxij.

¶ Heereafter followeth a coniunction
of the chaunging of the Moone.

B,

Here

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There is a rule of the chaunge of the Moone, when the Prime is on this letter A, the iij. daye before the Prime, the. xix. houre shalbe the chaunge of the Moone.

And ye shal begin to tell your houres at midnight, for a day naturall is fro midnight to midnight, when the prime is on this letter B. iij. day, then it shal chaunge the. iij. houre, that is to say, after midnight. When it chaūgeth on this letter C. iij. daye, then the viii. houre, when it is on this letter D. iij. day, then the. xx. houre. When it is on this letter E. iij. day, then the xviij. houre. When it is on this letter F. iij. day, then the xvi. houre. When it is on this letter G. iij. day, then the xvi. houre.

The disposition of the. xij. monethes vpon bloode letting.

January.

In the moneth of Januarie, let thee not bloode on the first day, for it is perillous

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perillous, ne the seconde daye, ne the. v. day, ne the .x. day, ne the. xv. day, ne the .xix. day, ne the .xx. day, ne the .xxv. daye, but as oft as thou wilt, drinke good whyte wine fasting. And also take good hēde of the dayes that be aboue witten, for the they be perillous for to bleed on, but the signe be right good for blode letting.

February.

[I]f the moneth of February, eat no pottage made of hockes or malowes, for that is venim. And if thou haue nēde to blede on the .viij. or thy thombe, blede not on the fourth day, ne on the sixte daye, ne on the .viii. daye. But on the .xiii. day, ne the .xxvi. day, ne the .xxviii. daye, but that the signe be very good, and thou maist chouse.

March.

[I]f the moneth of March eat figges, raisons, and sweet meates and drincks, and hot meates, & let thee blede on the
B.ij. right

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right arme on the v. daye, or on the vii. day, or on the xvi. day, for that is good against al maner of feuers, but beware blæde not the first day, ne the xv. day, ne the xvi. daye, ne the xix. daye, ne the xxviii. day, and thou maiest chiole, and if thou doe, looke the signe bee very good.

Aprill.

In the moneth of Aprill blæde on the left arme, on the iij. day, or on the xi. day, or the xv. day, and thou shalt haue no great head ache, ne lose the sight of all the yeare, and vse fresh and hot meates, but blæde not the vii. daye, ne the viii. day, ne the tenth day, ne the xx. day, for these dates be not good for bleeding.

May.

In the moneth of May rise early, & eate an dricke betime, vse good meates and drinckes, but eate neither of head nor fote, while that last, and let thee bløde on the first daye, or on the xvi. day, on which arme thou wilt, or on the xxvii.

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xxvii. day, or on the xxviii. daye, and it shall much helpe thee agaynst all manner of euils, but beware y^e thou blaede not the thirde day, ne the vi. day, ne the x. day.

June.

In the moneth of June, some Whistons saith, that it is good euery day to drinke a quantitie of colde water fasting, & rule thee of thy meate and drinke & if thou haue neede, blaede on the xxviii. daye, for that is good, but beware that thou blaede not on the vii. day, ne on the x. day, ne the xv. day, ne the xvi. daye, ne the xxii. day.

Iuly.

In the moneth of Iuly, keepe thee from lecherie, for then the braine and the humors bene alway open, and blaede not in this moneth, but if thou haue great neede, and then beware alwaye that thou blaede not vpon the xiii. day, ne on the xv. day, ne on the xix. daye

W. iij.

ne

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ne on the xxii. daye, for it is dangerous.

August.

In the moneth of August, eat no manner of wyrtes: nor no manner of hote meates and drinckes of spicerie, nor blæde not the i. day, ne the xx. daye, ne the xxix. day, ne the xxx. day. The other dayes thou maist blæde for great need, if the signe bee good for blæde letting. But not els and thou loue thy selfe in good health,

September.

In the moneth of September, al manner fruite that is ripe, and not infected is good for to eate, and blæde not the xvi. day, nor on the xxviii. day: of the dropisie, frensie, pallsie, ne of the fallinge euil, dread thee not of all that yeare, & if thou haue neede to blæde more, beware that thou blæde not the iiii. daye, ne the viii. day, ne the xvi. daye, ne the xxi. day, ne the xxii. day.

October

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October.

In the moneth of October, drinck god
and holesome wine, and blæd not, but
if great næde make thee, and loke that
the signe be verie god, but yet beware
that thou blæde not on the iij. day, ne
the vi. day, ne the xxiij. daye, and thou
wilt doe well.

Nouember.

In the moneth of Nouember blæde
not but for næde, for all the bløde is
gathered that time vpo the head vaine,
bath not but vent thee a little of grasing
for then al thine humors be ouerquick
to blæd, and if case be that thou haue
great næde for to bleede, beware of the
v. day, the vi. daye, the x. and the xij.
day, the xxiij. day, and the xxix. day.

December.

In the month of Decēber blæd not but
if y haue great nēd for y case, & blæde
on y. xxiij. day, for it is right god. And in
case, thou haue moze næde to bleed be
ware

B. iij.

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ware of the vii. day, the xv. day, the xvi.
day the xvii. day, and the xxi. day, and
in this moneth come nie no fire with
thy shankes.

¶ For to vnderstande and knowe the
yeares that shalbe plenteous, and in
great aboundaunce of goodes.

In die Dominica.

That is Sunday.

In the yeare that Januarie shal
enter on the Sunday, that winter
shalbe colde and moist, and the summer
shalbe hote, & the time of harvest shal
be windie & rainie, with greate abun-
daunce of corne, of wines, and of other
graines. and of all garden fruites and
herbes, there shalbe little oile, abun-
daunce shalbe of all manner of flesh,
some great newes shall men heare spo-
ken of Kinges and Prelates, of the
Church, and other earthly Princes,
great warres & robberies shalbe made
and

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and many young people shall die.

In die Luna.

That is Munday.

In the yeare that Ianuary shal enter
on the Munday, the winter shall bee
peaceble inoughe, and the Sommer
shall bee very temperate. Then shall
be great floudes of water, that shall
breake out of their limittes & bondes,
and many shippes vpon the sea shal pe-
rish, and in that yeare shall reigne di-
uers sicknesses, and chaunges of great
Lordes shalbee made, many women
shall perishe in traauyling with childe,
many great Lordes shall dye. That
yeare shalbe little grasse and mustarde
seede, but there shalbe plentie of corne,
and wines, and good chepe flesh and but
little Dyle.

In die Martis.

That is Tuesday.

In the yeare that Ianuarie shal enter
on the Tuesday, the winter shall bee

B. b.

chaun-

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changeable & not stedfast, for in the prime time, of truth it shall freeze, and that shall hurt soze the Rie, the Wines and the flowers, and Sommer shall be pye, hot and burning, enso much that the hearbes of the gardens shall haue no power to come out of the ground. All thinges shall be deere, saue enely cozne, many men shall die of the bloodie air, ther shall be no tidings of thunder, lightning and tempest, but all flesh shall be deere, many wines shall tourne.

In die Mercurij.

That is wednesday.

If the yeare that January shall enter on the wednesday & winter shall be temperate, but in the ende there shall be Snowes and frostes & prime time shall be rainie, great abundance of all cozne, of wines, of fruites, of hay, of grasse, and generally of all good thinges. The Sommer shall be little cloudie, by the which therof shall come great sicknesse. Poze labourers,
as

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as handie craftes and artificers, shall
gaine meetly well this yeare, manye
theenes shall be, by whome the meane
people shall be sore pulled and discomfi-
ted, great warre, battaile and slaughter
shall be towarde the mydd of the yere,
by the which shall come great godes to
some men. In the ende of the yeare
shall be diuers pestilences, botches, and
failing euils, and especially next the
Sea.

In die Iouis.

That is Thursday

In the yeare that January shall en-
ter on the Thursday, the winter
shall be long and most part drie, and the
yeare shall be very holesome.
The prime time shall be very holesome.
The prime time shall be very windie:
the sommer shall be temperate, and har-
nest shall be most part rainie, the which
the Waters shall sore breake out of
their bondes, the wheate and wines
shall be

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shalbe good chepe, there shalbe of Metes
haye, of grasse, and of frutes, compes-
tently inough, greate warre and diui-
sion shalbe betwene the Church and
the Kinges and Princes, and in the
ende the Princes shall haue victorie of
their enterprises. Women shal set the-
selues much to lechery, the people shal
be well eased of taxes and tallages.

In die Veneris.

That is Fryday.

If the Peare that Januarie shal en-
ter on the Fryday, the Winter
shalbe longe and dype, and the Som-
mer vnholosome, Harvest shalbe dype,
all corne shalbe deere: the vintage shal-
be good inough, and aboundaunce of
Dyle, of fruite, of Hay, of grasse & of
all garden hearbes, the worlde shalbe
soze persecuted with diuers sicknes-
ses, as soze eyes, and of all etickes,
many young children shall dye, greate
thun-

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thunder, lighteninge, and tempestes
shalbe, that shall græue soze all the
grounde, there shalbe earthquakes and
god chepe cloath: poze people shall
gaine little or nothing, many beastes
shall dye for hunger, for the diuersitie
and maladie of the time.

In die Sabbati.

That is Saturday.

Iⁿ the yeare that Iannuarie shall en-
ter on the Saturdaye, the Winter
shalbe temperate sufficiently and in the
prime time shalbe frostes, the which
shall destroye the Rices, the vines, the
Dyles, and the fruites: the Sommer
shalbe moztely tempozate, the harvest
time shalbe dze, the Dtes and other
cozne shalbe god cheape, all garden
hearbes shalbe cheape inough, and flesh
shalbe god cheape, many olde people
shall dye. I euer tercians shall græue
soze the woꝝlde, that shalbe sicke tho-
rough euil heate. And many murmura-
tions

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tions, wars, and murthers shalbe done by the one against the other. & neighbours against neighbours, and many other causes shalbe often times committed and done.

¶ Of the signification of thunder on every day in the weeke.

If it thunder on the Sundaye : there will be a great death of clarkes and Judges , and also peruers people by signification.

If on the Monday it chaunce to thunder, many women will die then, & the corne will suffer Eclips by signification.

If it thunder on the Tuesday it betokeneth great plentie of Corne.

If on the Wednesday it chaunce to thunder it betokeneth that that yeare common women and light wenches and foolish women shall dye. And then shalbe great bloudshedding.

If it thunder on the Thursday, then shalbe

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shalbe great cheape and much plentie
of Coyne.

If on Fryday it chuunce to thunder,
it betokeneth that a greate man shalbe
slaine, and diuers other murthers, and
other perils.

If on Saturday it chaunce to thun-
der, it betokeneth y then shalbe a great
generall Pestilence plague, whereof
many shall die. &c.

**The saying of Erra Pater to the
Husbandman,**

If that the day of saint Paul be cleere,
Then shall betide an happie yeare:
If it doe chaunce to snow or raine,
Then shall be dere all kinde of graine.
But if the winde then be a loft,
Warres shall vex this Realme full oft:
And if the Clouds make dark the Skie,
Both Neat and foule this yere shal die.

FINIS.



Propriet

Robert & St. Aunb
Juni lib

